

October 2023



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We are heading into autumn with renewed enthusiasm and a firm commitment to the community.

We are meeting and listening to readers and asking what they would like to see in their community magazine: Puzzles, competitions, village and town events, profiles of local businesses is what we have been told so far. Do you have a particular idea or contribution to make? (contact: mail@worthvalleymag.co.uk) Be sure to enjoy the Pumpkin Trail at East Riddlesden Hall (p5).

Have you booked your Christmas party? Check out Keighley Golf Club's 1980s themed event as well or East Riddlesden Hall's Airedale Barn as ideal venues.

This month we are running a Spook-tacular competion! (see p24).

Have a great October.

























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# Your Autumn/Winter Home Security Checklist

**Keybury Fire and Security** are a family run Keighley based business, and local security specialists. They put together a winter security checklist to bring us all a little peace of mind.

### **Outside**

- Ols your security lighting on a timer/sensor? ODoes it still work?
- OTrim back shrubs, add lighting to dark corners of garden; don't provide cover for an intruder.
- ODoes your alarm look old? A new box can look like a completely new system.
- Ols your shed/garage/garden bar locked? Ols it linked to your home alarm system? (It could be programmed to be alarmed when the rest of the house isn't.)
- ODoes your garden fence need repairing/ replacing? OCould you plant 'anti theft' (prickly!) bushes? A gravel drive or pathway is crunchy and noisy when anyone approaches your car or home.
- ODo you have home CCTV? OCheck it's working. OBook a technician to carry out a service of the system to make sure it's working as it should. Olf you haven't yet installed CCTV, consider it. Security cameras are one of the best burglar deterrents available. If there is an incident, your cameras could capture valuable evidence.

# Inside

OClose your curtains to avoid people seeing in. OLeave a light on to make your home look occupied when you're out.

OTidy up tech and valuables away - don't leave them out in plain sight.

OBring in the Christmas Shopping from your car and store out of sight of thieves



as well as the kids! ODispose of packaging discretely. A Playstation box left out on top of the bin is an advert to a thief.

OTake care answering the door. O Invest in a peephole, door chain or doorbell camera to allow you to screen who is calling before you answer the door. Wired doorbell cameras are a reliable option as they don't require recharging.

# Routine

- OWhen you're leaving the house lock doors and windows.
- Opon't leave spare keys hidden
- OAlways set your house alarm when you're going out even if you won't be out long. If someone tried to break in, it would scare them off and alert the neighbours. A smart alarm can ping your phone and let your set it via an app too.
- OWhen you're at home, lock your door to reduce the chance of sneak in burglaries.

# At bedtime -

Ocheck all the doors and windows are locked and set your house alarm.

Keybury Fire and Security protect homes and businesses: https://keybury.co.uk

01535 661197 sales@keybury.co.uk





















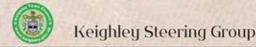












# NEIGHBOURHOOD PLAN



# **THEMES**

- Building Heritage
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- Housing Mix
- · Town Centre
- Industrial Heritage
- Transport/Connectivity
- Employment Opportunities

Come along and have your say!

MORE INFORMATION AT WWW.KEIGHLEY.GOV.UK

# **TIMETABLE**

**Tuesday 26th September** 

3PM-6PM

Sue Belcher Centre

**Tuesday 3rd October** 

2PM-4PM

Morton Village Institute

**Tuesday 3rd October** 

6PM-8PM Park Wood Youth Centre

Wednesday 4th October

1PM-3PM

Hainworth Wood Community Centre

**Monday 9th October** 

2PM-4PM

Holden Hall (Oakworth)

**Monday 9th October** 

6PM-8PM

Riddlesden United Reformed Church

**Tuesday 10th October** 

1PM-3PM

Highfield Community Centre

Monday 16th October

11.30AM-2.30PM

St Mark's Church, Utley

Wednesday 18th October

6PM-8PM

Laycock Village Hall

Thursday 19th October

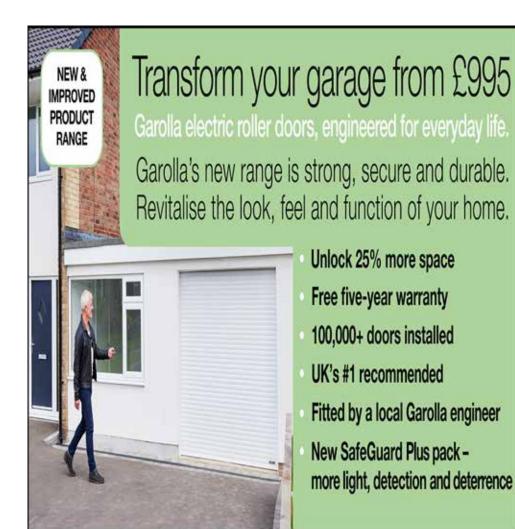
9:30-12pm

The Good Shepherd Centre

**Monday 23rd October** 

4PM-6PM

Sangat Community Centre





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# Sudoku

7		5	2	6				3
			9	7	3			
					4		2	
	9	2					8	
6				4				1
	3					5	7	
	8		4					
			7	9	6			
5				2	8	3		6

7				3			9	6
3							5	
	5	2	8		4			
	6	8					7	4
		5				1		
2	7					5	8	
			3		2	6	4	
	2							1
5	4			6				7

1				2		8		
	3			7		5	6	
					4			
6							9	7
		8				6		
2	5							1
			5					
	1	7		9			2	
		6		4				3

	5			3		4		
7	4				6			
		2		4			7	
9				1			8	
		4	9		2	5		
	2			8				9
	8			9		7		
			2				1	6
		3		6			5	

# in the Aire Valley?

Where is the **red** X located in the photo to the right?

This month's prize is donated by Keighley Picture House: Family ticket

Email your answer including your name & address to:
mail@worthvalleymag.co.uk
The winner will be selected from all correct answers received by 15th Oct. 2023.



The September competition location was The Glusburn Institute & Community Art Centre. and the winner was Colin Brewer from Silsden.

# Go far with adult courses at Keighley College

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drew to a close at the start of September, you with 170 different beers available from the would be forgiven for thinking we would take various venues along the line and from the the opportunity to relax and recharge the on-train bars, as well as speciality gins and batteries. Whilst the locomotives and carriage ciders, accompanies by a range of music on fleet get a bit of a breather now that we use the Friday, Saturday and Sunday during the them only on weekends, our volunteers are Festival. After the Beer & Music event, we still hard at work. We turn the Railway over focus on readying the line for Santa's arrival to our "Civils" team, who look after the track because our Elf Explorer Christmas special and infrastructure that helps us keep the runs 25/26th November through weekends 150+ year old Railway operating. This year in December up to Christmas. It's always our volunteers are focused on installing a new such a magical time of year, and makes all drainage channel between Oakworth and the months of preparation worth it for all Damems and renewing ballast and sleepers our 700+ volunteers and small team of staff. in the area. The other activity in this year's Tickets are selling fast, so please do visit the "Civils Week" is continued preparations website and booker sooner rather than later for our most challenging and complex to avoid disappointment. civil engineering project that we have ever undertaken, which is the replacement of the Whilst the big events are always a draw, iust outside Haworth Yard.

continue to maintain other areas of the and so we are looking for further volunteer available if you live in BD20/21/22. support to help, particularly at Ingrow Station so do please get in touch if you could offer As you can imagine, keeping the wheels your time.

Whilst all this work is ongoing, we are still working hard to prepare for the ever-popular time to help, please apply via the website. Beer & Music Festival 12-15th October,

As the summer 7-day per week running period when we will be hosting a 5-mile long event

bridge that spans the river on the mainline we continue to run heritage trains every weekend, and during the October half terms (Tuesday 24th, Wednesday 25th October As well as the big engineering projects, we and Thursday 26th October; Tuesday 31st October, Wednesday 1st November and Railway, so you will see work on the station Thursday 2nd November) and Wednesdays buildings and gardens to keep them in their during September and October -please beautifully restored state. In fact, keeping the check the website for details, including how gardens looking so wonderful is no mean feat, to apply for your Local Residents' Railcard,

> turning requires so much effort that we are always keen to welcome new members to our volunteering team. If you could offer your

~ Matt Stroh Keighley & Worth Valley Railway Chairman

# DATES FOR YOUR DIARY

Upcoming events at The Keighley & Worth Valley Railway.





Use the QR Code for more detailed information, timetables, all the latest news and upcoming events across the railway.

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# Discover 5 SM Sagain

# Denture Problems Look no further...



Our Keighley
Denture Expert is
Matthew Varley
(Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

# How can we help you?

Technology has moved on massively over the last few tears as far as dentures are concerned. The fact is, you don't have to suffer badly designed or ill fitting dentures anymore.

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake.

Matt creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face.

He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

Everybody has the right to smile!

Would you like to be more confident? Do you suffer from denture discomfort? Loose or ill-fitting dentures? Afraid to smile?







With our clinical denture expert Matthew Varley, who has restored thousands of smiles - you're sure to feel more confident and be you again.

# **From Frustration to Clarity**

One of our lovely transformation cases. Patient LS struggled for years. Aesthetics were compromised along with facial support looking very strained. With our Diamond range of dentures, aesthetics were restored with full facial support in the correct position.

"I have finally got my confidence back, I never imagined I could smile like this. Thank you My Denture Clinic"



# TeethXpress in a day



# Eat and smile again with confidence

Millions of people are missing one or multiple teeth, requiring the use of removable dentures or bridgework. Many people struggle with loose fitting teeth. If you have this problem you already know the embarrassment of eating and smiling in public. TeethXpress can restore the ability to eat your favourite foods and to smile again!



98 Cavendish Street, Keighley BD21 3DE Tel: 01535 358531





Purple sprouting broccoli is in season rightnow so it's cheap and plentiful, I use it here to make a pasta sauce similar to a pesto. It's best served with the "conchiglie" shell style pasta. If you don't like anchovies or are vegetarian, try substituting miso paste instead.

# **Ingredients**

750g of purple sprouting broccoli Olive oil

2 garlic cloves (nice fat ones)
½ teaspoon of dried chilli flakes
I small tin of anchovies (or 2 teaspoons of miso paste)

50g butter (unsalted)

150 ml double cream

Sea salt

Freshly ground black pepper

225g conchiglie pasta

120g parmesan, grated

### Method

Bring a large pan of well salted water to the boil. Whilst waiting, pull the broccoli flowers, heads and stalks apart, chopping roughly into small pieces, discarding any tough stalks. Add to your boiling water, simmer for two minutes, drain and reserve. Put a large heavy sauté pan on a low heat and pour in a good glug of olive

Whilst heating, peel and finely slice your garlic. Add the garlic and gently fry till a pale gold. Drain and roughly chop the anchovy fillets if using and chuck into the garlic and oil, along with the chilli flakes and the butter. Continue to fry gently, mashing and squishing the garlic and anchovies into the oil and butter to break them down.

Now add the broccoli and cream, add the miso paste at this stage if using instead of the anchovies (don't use both!) increase the heat and simmer gently for 6-10 minutes. You may need to add a splash or two of hot water.

Bring a large pot of well salted water to the boil, and tip in your pasta, boil for 10 minutes.

Whilst the pasta is boiling, get an electric hand blender (or a potato masher) and roughly blend or mash to a course sauce. Drain your pasta and add to your sauce, along with half of your grated parmesan. Season with black pepper and salt to taste and mix well. Serve in warm bowls with the remaining parmesan.

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# **BOLTON ABBEY**





# COMMUNITY PAGES

# Every Monday to Friday Dementia Friendly Keighley 10am – 4 pm

Open for drop-in anytime for coffee and chat for people living with dementia and their carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm Games

**Morning,** for people/carers living with dementia Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every Wednesday Dementia
Friendly Keighley 1.30 pm – 3.30
pm Peer Support Coffee Club for
people/carers living with dementia Airedale
Shopping Centre, Keighley.

Every Thursday Dementia Friendly Keighley 1.30 pm - 3.30 pm Crafty

Friends, creative session, Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

# Every first Friday of the month Dementia Friendly Keighley 2

**pm - 3.30 pm** The Singing Teapot, a singing group for people/carers living with dementia, Airedale Shopping Centre, Keighley.

Glusburn and Crosshills WI meet at 7.30 pm on the first Tuesday of the month at The Village Centre, Crosshills. A friendly group for local women.

Toddler Group at St Stephen's Church Hall, Steeton, BD20 6SB every Monday 9.00am - 10.30am starting Lots of activities, snack & drink. More info e-mail: sally.pickering@leeds.anglican.org

**Sutton in Craven WI** meet 1.30pm every second Monday of the month Sutton in Craven Cricket Pavilion all local

ladies welcome. See us on Facebook.

Wellbeing Café at Glusburn Institute Every Monday 10 am to 12 noon.. Contact 01535 630223 for more details.

Every Tuesday 7 - 9pm Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

First Tuesday of a month Crosshills Goldies Sing & Smile – St Peters Methodist Church 2 -3pm singalong to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.

**Games Club Every Tuesday** 1:30 - 3:30 pm. at Glusburn Institute. £2.50 per session.

Every Tuesday Rethinking Pain at The Hive, Elliott Street. Silsden 3pm - 4pm A Group for people living in pain.

Third Tuesday of a month at Steeton Methodist Church 2-3pm

**Goldies Sing & Smile** – sing-along to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.

**Steeton Bobbins WI** 7pm meet on the **first Tuesday of a month** at St Stephen's Church Hall www.steetonbobbinswi.com.

First Wednesday of a month 2 - 2.45pm It's Story Time at Silsden Community Library for under fives. Every Friday 10am - 2.30pm

# **Steeton Community Hub**

Warm Space Providing a space and warmth during the winter months. Meet people have a hot drink/biscuits. No need to feel lonely and isolated.
Sunday Club at St Stephen's Church, Steeton, Starting 8.10.23 at 10.00am every second and fourth Sunday Children bring your parents. Fun activities. for more information e-mail: sally. pickering@leeds.anglican.org

July to 29th Oct Welly Walk at Bolton Abbey Embrace the Outdoors and get ready for a muddy adventure.

July to 28th Sept Family Cycle

Zone at Bolton Abbey A safe area for children to cycle.

# **Keighley 3rd Age Group**

Meet at Action Point (formerly Temple Row Centre) at 10am. Free Refreshments. October 4th Patta Gold. Tracks of my Years. Further details contact the Chairman David Boddy 07976799527 email:d.r.boddy@btinternet.com.

Ist Sunday of a month is Skipton Artisan Markets Canal Basin, Coach Street Car Park 10am - 3pm 3rd Sunday of a Month is Haworth Artisan Markets, Central Park 10am - 3pm.

4th Sunday in a month is Keighley Artisan Markets, Church Green 10 am - 3pm

Fri 6th Oct - Sun 8th Oct Haworth Steampunk Weekend with a Steampunk Market at Haworth Village Hall (Butt Lane) and the Old School Rooms.

Sun 8th Oct 10am to 12 noon

Table top Sale at The Hive Silsden.

Free Entry for buyers.

Sat 14th Oct 2pm Cliffe Castle

Museum Education Room "A Rummage through Granny's Drawers" Talk by
Dale Keaton

Thurs 12th until Sunday 15th Oct K&WVR Beer Festival Oxenhope Exhibition Shed with train connections from all KWVR Stations.

Sat 14th & Sun 15th Oct
10am - 4pm Haworth & Yorkshire
Creatives Makers' Markets at the
Old School Room, Haworth.
Sun 15th Oct 11am - 4pm
Artisan Market at The Mill at
Ponden, Stanbury, Nr Haworth
Sat 14th to 21st Oct Joseph & the

Amazing Technicolour Dreamcoat at The Victoria Hall Keighley.
Sun 15th Oct 11am - 4pm

Artisan Market at The Mill at Ponden, Stanbury

**Sun I 5th Oct Train rides for all the family.** Miniature trains running at Marley sports field approx. I 3:30 until approx. I 7:00. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Details at www. kdmes.org.uk/trains

Sat 21st Oct 7.00pm Quiz Night - bring a team or make one on the night St Stephen's Church Hall, Steeton Tickets £10 including supper Bring your own drink Tel Tel 01535 959908 for tickets

Sat 21st Oct until Sun 5th Nov The Pumpkin Trail at Bolton Abbey. Sat 21t Oct - 29th Oct (closed Thurs & Fri) Pumpkin Trail at East Riddlesden Hall.

Wed 25th Oct: Shipley Glen & Five Rise Locks. Moderate 8 miles. Meet 10.30, Hirst Wood CP, Shipley. www.ramblers.org.uk/keighley

# Join Our Spook-tacular **Pumpkin Design Competition!**

Calling all creative souls in our wonderful Worth and Aire Valley community. Halloween is just around the corner, and we're thrilled to announce our

**Pumpkin Design Competition** that welcomes your quirky creative streak.

Whether you prefer pencils, paintbrushes, or carving knives, this contest is open to all ages, so gather your artistic tools and let your imagination run wild.

### **How to Enter:**

Create Your Pumpkin Art: You can craft your pumpkin masterpiece in one of three ways:

Carve: Grab a pumpkin and carve out a spooky or whimsical design.

**Draw:** Put pen or pencil to paper and create a Halloween-themed pumpkin

drawing.

Paint: Finger paints, water colours, the choice is yours; just keep in mind the theme of pumpkins!

# **Capture Your Creation:**

Take a well-lit, photo of your pumpkin, drawing or painting. Ensure that the

details are vivid and the image is sharp. Submit Your Entry: Email your photo or scanned image to us at

mail@worthvalleymag.co.uk. Please include your name, contact information, and a brief

description of your design in the email.

Acceptable Formats: We accept entries in JPEG, PDF, or TIFF formats. Please make sure the file size is suitable for email attachment.

Important Details: The deadline for entries is 12 noon on October 23rd, so don't wait until the witching hour! (By entering the competition, you grant permission for your designs to be featured on the Worth and Aire Valley Magazine Facebook page.)

We encourage all members of the community to participate, from young budding artists to mature creative enthusiasts. Go on, have a go.

### Prize: A TRICK OR TREAT SURPRISE AWAITS THE LUCKY WINNER!

Go to Worth and Aire Valley Magazines Facebook page for updates and to marvel at the incredible designs submitted by your fellow community members. Use #Spook-tacularWorth&Aire on social channels.





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# Keighley, Ilkley and the surrounding areas

For help or advice please contact: Office of Robbie Moore MP Shan House, 80-86 North Street Keighley, BD21 3AG 01535 600538 robbie.moore.mp@parliament.uk Surgeries by appointment only





# BEHIND THE SCENES AT THE MUSEUM

As the nights draw in and a chill snaps at the door, our minds turn to the darker aspects of the Brontë story. This month we highlight an item from the collection that will make the spine tingle, and extend an invitation to a chilling **Thursday Talk**, as we explore the sinister and macabre in the Brontës' novels.

### From the collection

Pictured here is a wonderful drawing by Branwell Brontë, the fourth of the six Brontë children and the only boy of the family. It was likely produced around 3 months before his untimely death, in 1848. The drawing depicts death in the figure of a skeleton, summoning Branwell from sleep. A replica of the bed depicted in the drawing can be found in Mr. Brontë's bedroom in the Museum.

Branwell often used his artistic skills to



illustrate his letters with gruesome sketches, but what led to this melancholic darkness? Branwell was a bright child with a precocious intellect. Like his sisters, he was creative. He played the organ in his father's church, and aspired to being a professional portrait painter. He was impulsive and quick-witted, and loved showing off in company. In 1838, Branwell followed his dream and set himself up as a professional portrait painter in a rented studio in Bradford. He made many friends among the artistic community of the

Bradford pubs, but failed to make a living. He needed to raise an income.

In 1840, Branwell took a position as tutor at Broughton-In-Furness but was sacked within a year. From 1841 to 1842 he worked on the Leeds-Manchester railway but again, was let go. A railway company audit of the ledgers revealed a discrepancy in the accounts, and although Branwell was not suspected of theft, he was held responsible for having abandoned his post and left the station in the care of his assistant.

At the beginning of 1843 his sister Anne secured him a position as tutor to the Robinson family at Thorp Green near York, but in July 1845 was let go for supposedly having an affair with his employer's wife. Aged 27 Branwell found himself back home and in disgrace.

As Branwell sank into self-pity and became dependent on alcohol and opium, his sisters had their first novels published. During the last year of his life his father took him into his own bed to watch over him and alleviate his increasingly unbearable nightmares. He became gravely ill, probably from tuberculosis, and died on September 24 1848.

# **October Thursday Talk**

The sinister, the uncanny, and the macabre In this month's Thursday Talk we'll explore the gothic in the Brontë novels, perfectly timed for October! Looking at some of the Brontës' more gruesome imagery — a long dead corpse exhumed by a grief-crazed lover, a mysterious visitor mutilated as though by a vampire - we ask whether we can call the Brontës gothic novelists?

Thursday 12 October, 2pm Brontë Event Space at the Old School Room, Haworth (Free for local residents)





# Sudoku Solutions

7	4	5	2	6	1	8	9	3
8	2	1	9	7	3	4	6	5
9	6	3	5	8	4	1	2	7
1	9	2	3	5	7	6	8	4
6	5	7	8	4	2	9	3	1
4	3	8	6	1	9	5	7	2
2	8	6	4	3	5	7	1	9
3	1	4	7	9	6	2	5	8
5	7	9	1	2	8	3	4	6

7	8	4	5	3	1	2	9	6
3	1	9	7	2	6	4	5	8
6	5	2	8	9	4	7	1	3
9	6	8	2	1	5	3	7	4
4	3	5	9	7	8	1	6	2
2	7	1	6	4	3	5	8	9
1	9	7	3	8	2	6	4	5
8	2	6	4	5	7	9	3	1
5	4	3	1	6	9	8	2	7



1	6	5	9	2	3	8	7	4
9	3	4	1	7	8	5	6	2
7	8	2	6	5	4	1	3	9
6	4	1	8	3	5	2	9	7
3	7	8	2	1	9	6	4	5
2	5	9	4	6	7	3	8	1
4	9	3	5	8	2	7	1	6
5	1	7	3	9	6	4	2	8
8	2	6	7	4	1	9	5	3

6	5	1	7	3	9	4	2	8
7	4	8	5	2	6	1	9	3
3	9	2	1	4	8	6	7	5
9	6	5	3	1	4	2	8	7
8	3	4	9	7	2	5	6	1
1	2	7	6	8	5	3	4	9
5	8	6	4	9	1	7	3	2
4	7	9	2	5	3	8	1	6
2	1	3	8	6	7	9	5	4



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amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

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